

For Health and Fitness Professionals

Certified Golf Fitness Professional

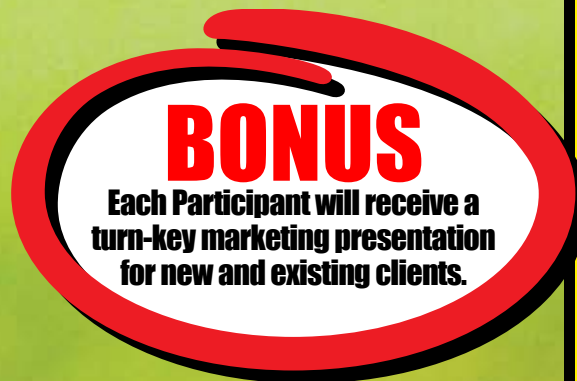
Approaching Golf as a Sport... Not Just Fitness, but Creating Real Results in Performance

- Enhance your credibility and differentiate yourself from the ban wagon of golf fitness experts.
- Understand how to effectively screen and identify physical barriers to performance in golf.
- Learn how to use 2 and 3-Dimensional motion analysis technology to isolate physical breakdown in golf swing mechanics.
- Learn how to choose and prescribe customized drills and exercises which go beyond general fitness and impact performance and swing mechanics.
- Network with Canadian PGA professionals who are certified as Golf Fitness Coaches and Instructors

This program is designed to teach health care or fitness professionals the skills required to run an effective golf-specific rehabilitative or performance training program. While general health and fitness protocols can benefit any individual's health they don't necessarily have any significant impact on golf performance except by accident. Athleticism and greater fitness does not automatically lead to a better golf swing. There are specific biomechanical principles inherent in an elite golf swing. Unless a professional understands these principles, knows how to evaluate them and then purposefully apply rehab and/or training protocols in a way that impacts golf biomechanics, they won't be able to effectively change performance and minimizes injury in a golfer.

Golf fitness is a rapidly expanding field that is rampant with an abundance of misinformation relating to biomechanics and performance enhancement. This describes the majority of "Golf Fitness Experts" and their programs. Gain a practical and functional knowledge of golf swing biomechanics and learn how to apply your knowledge to create real performance changes in your clients and minimize their chance of injuries.

**Register Immediately -
Limited Attendance Available**



What the Pros Have to Say:

The Swing Link program developed by Dr. Fletch has been very beneficial in helping me and a great many other golf pros understand more about the biomechanics of the golf swing and how certain physical limitations affect the golf swing and how to overcome them. His program and treatment has also helped me with chronic back problems which nearly ended my playing career. I am able to play without pain again and able to pursue my competitive goals.

Bob Beauchemin P.G.A.
Former PGA TOUR player
Former Commissioner of the Canadian Tour
Director of Instruction Oakdale G&CC
PGM Instructor Humber College

Dr. Fletch is more knowledgeable about the mechanics of the body and its relationship to the golf swing than anyone I have ever known. As a golf pro I have found his approach to be practical and effective. I feel better than I have in a long while and have been able to enjoy playing again without pain.

Doug Bruton Cdn.P.G.A.
Former Senior Tour Player,
Multiple Canadian Senior Champion
2004 Canadian Super Senior Champion

The information and treatment received from Dr. Fletch has been beneficial in identifying and eliminating problematic areas of my swing. It has facilitated raising my skill and playing ability to another level.

Danny King Cdn.P.G.A.,
Magna Golf Club
Nation Wide Tour
Former Great Lakes Tour Champion
Former Summer PGA Champion
Former Ontario PGA Champion
2006, 2005 Canadian PGA Club Pro Champion

Dr. Fletch's program gave me a practical knowledge of golf swing mechanics and guidance in how to more effectively rehabilitate golfers in pain, and develop golf specific motor and stability patterns. I am also now more effective at communicating and working with golf professionals which has additional benefits to my practice.

Dr. Sean Kerr D.C.
Pure Correction

When I decided to combine two passions, Chiropractic and Golf, in my practice, Sean's Level 1 course was a great starting point. His knowledge of the golf swing and how your body is the single biggest determining factor of performance is amazing. His seminar does a very good job of describing the key physical performance factors of golf and then gives you practical strategies to implement Monday morning. I would highly recommend this course for everyone wanting to work with more golfers in their office.

Dr. Scott Kay